



An innovative new recumbent bike designed for individual workouts, as a rehabilitation aid and for group cycling classes. Recumbent bike 001 provides many advantages over other forms of exercise. The low impact nature of the exercise and comfortable sitting position make it suitable for all levels of fitness - from beginners and those recovering from injury up to top athletes.

Features:

- All handles and levers are made from high quality stainless steel.
- Extra durable alloy roller on the seat slider for long lasting smooth adjustment.
- No power requirements – Move the bike to any location in your club or home.
- 17kgs (37.4lbs) flywheel.
- Low maintenance
- For club or home use.
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